1.	Fill in the blanks :-
a)	Liver produces bile that helps to digest in small intestine.
b)	Foods rich in are also called energy-givings foods.
c)	Three-fouth of our body weight is
d)	Fruits and vegetables contain
e)	Undigested semi-solid waste is passed out as faeces through
f)	Food is dried by removing all content from it.
g)	Harmful disease causing microbes are called
h)	bacteria convert milk into curd.
i)	We should visit a at least twice a year to take care of our teeth.
j)	We must brush our teeth at least a day.

2.	Give the answers of the following questions:-
a)	Briefly describe the process of digestion.
Ans.	
b)	Describe the structure of a tooth.
Ans.	
c)	"Microbes are useful to us" write 3 ways.
Ans.	
d)	Why should we have a balanced-diet?
Ans.	

3.	Make a colourful chart to show correct method of brushing teeth and write five sentences on 'care of teeth
Ans.	

4.	Collect the labels from pickle, butter, jam, sauce, bread, biscuits, cake packet. Find out the name of preservatives and nutrients value written on them. Stick these labels and write about them (any five)
Ans.	